

We are pleased to announced that ***Clarendon School District 2*** will continue to participate in the Community Eligibility Provision, National School Lunch and School Breakfast Program during the 2016-2017 school year.

What does CEP mean for student(s) who attend Clarendon School District 2?

In a CEP school, breakfast and lunch will be available at no charge to all students, regardless of family income. Meal applications will not be collected.

Studies have shown that children who are not hungry perform better in school. By providing breakfast and lunch to all children at no charge, we are hoping to create a better learning environment for our students.

The school breakfasts and lunches that we serve follow U.S. Department of Agriculture guidelines for healthy school meals.

The School Breakfast and Lunch Program cannot succeed without parental support.

If you have any questions you can contact Food Service Department at 803-435-4082.

Clarendon School District is an equal opportunity provider.

## **Clarendon School District Two Food Service Department**

### **At-Risk Afterschool Meal Program**

The At-Risk Afterschool Meal Program (ARAMP), also referred to as the Supper Program, allows schools to provide free meals in low-income areas during after school programs that offer educational and/or enrichment activities.

The United States Department of Agriculture (USDA) nutrition assistance program is run at the state level by the South Carolina Department of Social Services' Child and Adult Care Food Program (CACFP) division. CSD2 Food Services Department works with qualifying schools and their after school programs to coordinate the ARAMP.

After school program coordinators are responsible for maintaining daily attendance records and meal count records provided by Nutrition Services and distribution of program enrollment information.

CSD2 Food Services Department is responsible for the preparation and serving of the meal along with program oversight, which includes: training, monitoring and application renewals.

- Clarendon School District Two supper program launched in September 2016 at ***Manning Primary School and Manning Elementary School***

### **What types of suppers are served?**

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Meals meeting CACFP meal patterns and the South Carolina Menu Planning Guidelines are eligible for reimbursement. Fruits, vegetables, whole grains, non-fat milk, and meat/meat alternate (like baked chicken and beef taco) are served.

### **When is supper served?**

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- Supper is served Monday – Friday, based on the after school program schedule.
- Supper is not available over holidays, weekends, or days the after school program is closed example is Early out Dismissal.

### **What are the eligibility requirements?**

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- Schools where at least 50% of the enrolled students are certified as eligible for free or reduced-price meals may participate.
- All children who are 18 years old and under at the start of the school year are eligible to receive a free meal. There is no age limit for children with disabilities.
- One meal per student, no seconds or substitutions allowed.
- Supper must be eaten in a designated area (cafeteria), no 'to go' meals permitted.
- No adults (teachers, after school staff, nutrition services employees, etc.) are eligible to participate.

**Clarendon School District Two Food Service**

**803-435-4082**

# Understanding the Lunch Line: A Student Guide

Each day, every student is offered a lunch containing the following:

Meat or MeatAlternate, Grain,

Fruit, Vegetable and of course,

Milk!

While the most nutritious lunch contains all of these options, we understand that sometimes students do not like some of the items we serve. To make student customers happy, we like to give every student the option to decline items they do not want to eat.

Out of the 5 food groups student(s) is offered, he/she must choose at least 3 food groups for his/her meal

One of the food groups must be a **fruit** or **vegetable**. Some of the menu choices may count as two food groups such as pizza, cheeseburger, or Salad Cold Plate!

Here's an example menu:

Cheeseburger on a **Bun**  
½ Cup **Baked Beans**  
1/2 cup **Lettuce/Tomato**  
1/2 cup **Peaches or**  
½ cup **Fresh Fruit**  
8oz of **Milk**

**So, a student could choose:** Cheeseburger on a **Bun & Baked Beans, Peaches and Milk**  
Cheeseburger on **Bun, Peaches and Milk** **Of course they can take other combinations or all 5 food groups!**

**The choice is up to a student!**

Please make sure that you include fruit and **vegetable** offered for your choices!

**Don't forget about breakfast!** Join us each morning; breakfast is a great way to kick off every Student's day!

Breakfast choices are a little different. Students must take at least 3 of the offered items at breakfast; one must be a **fruit** or **juice**.

# Understanding the Lunch Line: A Parent's Guide

Each day, your child is offered a lunch containing the following:

**Meat or Meat Alternate,**  
**Grain,**  
**Fruit, Vegetable**  
**and of course, Milk!**

Out of the 5 food groups your student is offered, he/she must choose at least 3 food groups for his meal. One of the food groups must be a **fruit** or **vegetable**. Some of the menu choices may count as two food groups such as pizza, cheeseburger, or Salad Cold Plate!

Here's an example menu:

Cheeseburger on a **Bun**  
1/2 cup **Baked Beans**  
1/2 cup Lettuce/Tomato  
1/2 cup **Peaches** or  
1/2 cup **Fresh Fruit**  
8oz of **Milk**

If your child comes home and say he/ she didn't get enough to eat at lunch, ask if she is taking all of her **fruit** and **vegetable** choices!

**Don't forget about breakfast!** Join us each morning; breakfast is a great way to kick off your child's day!

While the most nutritious lunch contains all of these options, we understand that sometimes our students do not like some of the items we serve. To make our student customers happy, we like to give them the option to decline items they do not want to eat.

So, your child could choose:

Cheeseburger on a **Bun** & **Baked Beans,**  
**Peaches** and **Milk**

Cheeseburger on **Bun,** **Peaches** and **Milk**

**Of course they can take other combinations or all 5 food groups!**

**The choice is up to them!**

Breakfast choices are a little different. Students must take at least 3 of the offered items at breakfast; one must be a **fruit** or **juice**.